2: Durham B-5 (ca. 1910)1928 EG1 Albania EG1
Yugoslavia EF1

777 754 and catch it there, thus literally "saving your face," as did the women of Konjitza in Bosnia.

A 753 754 777 Illness being very largely ascribed to Evil Eye or magic, amulets in Albania are usually called "derman" or "ilatch," both of which words also mean remedy.

A 755 *Sympathetic Magic.*—In this the disease is supposed to act in accord with some object or other and disappears as it does.

A cure for jaundice was thus performed by a Moslem wise man on the child of a Scutari Christian. He tied some red wool round the child and some yellow wool round a red rose in the garden. He ordered the red to go out of the rose into the child, and the yellow to go out of the child into the rose. In a few days the rose wilted and yellowed and the child recovered its rosy cheeks. The efficacy of the cure was undoubted.

Marko had another he thought better, because it could be carried out at any time of year. You put a small fish in a bucket of water. The patient had to stare at it as it swam round and round. If he stared at it long and steadily enough, the disease went out of the patient into the fish, which died.

A [722] 164 In 1912–13, owing to the Albanian Revolution and the Balkan wars, large numbers of the mountain tribesmen who pasture their beasts on the Bojana plains in winter were unable to return to the mountains, and were blocked in the malaria swamps all the summer, with terrible consequences. Almost all were struck down with a virulent form of the disease. I went through the worst districts with a load of quinine, and found the people trying to cure their greatly enlarged spleens by slowly roasting the spleen of a sheep at a fire, and muttering spells which ordered their own spleens to diminish as that of the sheep shrivelled at the fire.

A 164 776 753 A [755] Epilepsy was not uncommon in the mountains. It was looked upon as a possession by evil spirits. I once saw a woman fall down suddenly in a fit. Some men at once rushed up and, telling me to get out of the way, fired their revolvers alongside of her head. This was to scare away the evil spirit. As she soon recovered, they believed they had done so. I once saved a woman under similar circumstances from being flogged. Luckily she recovered quickly. But it is not so very long ago that lunatics were flogged in England.

A 777 755 Marko knew of a certain cure for epilepsy, but difficult to obtain. If you see a snake swallowing a frog, you must throw a black handkerchief over it. This scares the snake and it disgorges the frog. Keep the handkerchief, and when someone falls in a fit, throw it over him. He will then disgorge the disease as the snake did the frog. We kept a careful look-out, on our travels, for a snake eating a frog, but we never found one.